



# Tow-Trust Towbars

Important: Please read General Notes overleaf before fitting

Issue 4

## TF157 Ford Cougar '98>

Item	Qty	Description	Item	Qty	Description
A	1	Towbar	F	2	M16 x 50 Bolts Nuts & S/P Washers
B	2	Handed Side Arms	G	4	M10 x 110 Bolts, Nuts & S/P Washers
C	1	Extension Bar	H	4	M10 x 35 Bolts & S/P Washers
D	2	Straps with Captive Nuts	J	2	M12 x 85 Grade 10.9 Bolts & Nyloc Nuts
E	4	17mm x 80mm Spacer Tubes	K	4	12 x 25 Flat Washers
			L	4	10 x 30 Flat washers
			M	4	10 x 25 Flat Washers

1. Lower the rear exhaust and remove the heat shields and towing eye. (The towing eye is not refitted.)
2. Locate the two existing holes in the side of each chassis member and using item **G** with item **L** under each bolt head and item **E** placed inside the existing holes loosely bolt item **B** to the inside face of each chassis member. Note the bolts should locate in the slots provided.
3. Using item **H** with item **M** and item **D** loosely bolt item **A** behind the bumper onto the rear panel and side arms (item **B**).
4. Using item **J** with item **K** bolt item **C** to item **A**.
5. Using item **F** bolt the ball bracket and wiring plate (not supplied in this kit) to the mounting plate.
6. Fully tighten all nuts and bolts and ensure the towbar is rigid and secure.
7. Replace heat shields and exhausts.

**Note:**

1. Recommended Torque Setting for M12 Grade 10.9 -139 Nm. (For other Torque Settings see notes overleaf.)
2. Nose load limits and vehicle manufacturers trailer / caravan weight limits must be observed.

