



# Tow-Trust Towbars

Important: Please read General Notes overleaf before fitting

Issue 2

## TN4 VK NISSAN X TRAIL 2007>

Item	Qty	Description	Item	Qty	Description
A	1	Crossmember	E	2	M12 x 25 Bolts & S/P Washers
B	1	L/H Side Arm	F	10	M10 x 40 Grade 10.9 Bolts & S/P Washers
C	1	R/H Side Arm	G	4	M8 x 40 Grade 10.9 Bolts & S/P Washers
D	1	Detachable Housing	H	2	M12 x 22 Bolts & S/P Washers
			J	4	M12 x 40 Grade 10.9 Bolts & 4 S/P Washers
			K	8	12 x 25 Flat Washers
			L	10	10 x 40 Flat Washers
			M	4	8 x 25 HD Flat Washers
			N	1	Flip Up Socket Plate

1. Remove rear bumper. Four fixings on lower edge, three fixings around wheel arch securing mud flaps (if fitted), two fixings securing wheel arch liner, remove wheel arch liner to reveal one fixing. Unclip wheel arch trim and remove one tip fixing. Disconnect fog and reverse bulbs, remove two blanking caps from top edge of bumper and remove remaining two fixings.
2. Cut a section centrally from bumper SEE SKETCH (if required trim to suit).
3. Temporarily lower exhaust off its' two rearmost rubbers.
4. Remove crash beam (this is not refitted with the towbar).
5. Remove three fixings securing the heat shield to access L/H chassis mounting points.
6. Locate Item B and Item C into each chassis and using Item F with Item L loosely bolt through existing mounting holes.
7. Using Item G with Item M loosely bolt Item B and Item C to the existing captive nuts on the rear panel.
8. Using Item J with Item K bolt Item A to Item B and Item C.
9. Using Item H with Item K and Item E with Item K bolt Item D and Item N to Item A.
10. Starting with Items G fully tighten all nuts and bolts and ensure the towbar is rigid and secure.
11. Refit heat shield, rear bumper and fog and reverse lights.

**Note:**

1. Recommended Torque Setting for M8 Grade 10.9 -37.1 Nm M10Grade 10.9 -78 Nm M12 Grade 10.9 -139 Nm.
2. Nose load limits and vehicle manufacturers' trailer / caravan weight limits must be observed.

